



**LightHouse** for the Blind and Visually Impaired  
[www.lighthouse-sf.org](http://www.lighthouse-sf.org)

If you have trouble completing daily tasks because of vision loss, the LightHouse can help. Call us at 888-400-8933 to learn more about:

- Training and classes that offer tools and strategies for independent daily living: reading, cooking, getting around your home and community safely and more
- Peer vision loss support groups in San Francisco and Marin Counties
- Education, recreation and social activities like gardening and yoga
- A store that sells items designed for use by people with vision loss, like magnification aides and large print office or school supplies
- Information and connections to other community services

...and more

The majority of our services are free of charge to eligible individuals in San Francisco, Marin, Humboldt and Del Norte Counties. Call 888-400-8933 today.